„Ich setzte meinen Fuß in die Luft, und sie trug.“
„I set my foot into the air, and it carried.“

(Hilde Domin)
Questions and Pathways

Questions
Scientific questions vs. Personal questions

Pathways:
I: Emotions
II: Metaphoric Cards (Sinn-Bilder®)
My general experience

„I really don‘t know, how to write such a text.“
Fear I

„This is really new.“
„No one did it before.“
Fear II

„This does not fit the criteria for science.“
„In the system of university I will / I must fail.“
Frustration

„I don‘t know, what‘s the final aim.“
Inpatience

„I just have one year to do this.“
Stage fright

„I cannot do it before it is to be done.“
Seriousness

„It is really important to do it, thinking of the situation of what is going on in the world.“
Lust

„I really want to do it.“
„It‘s my baby.“
Courage

„I just do it.“

„I begin with what I have, and this is just some more or less weird emotions.“
Answers I found on the „how“

Core of the text is my own model of „experiential communication“ (developed with TAE)

Extras:
• Direct speaking to the readers
• Communication- and focusing-experiments in the text
• Using first and second name of authors to make clear that they are „ordinary people“ who communicate

⇒ All abbreviations are „marked“ ...
... so the text still is a scientific text, but with extras.
Process-Model of Experiential Communication

- Three Relations
  - I – Me
  - I – You
  - I – Process

- Adaptive communicational processes: congruence on all three relations
Principles of Experiential Communication

1. Listen really carefully - especially when you don’t agree.
2. Valuate, but don’t devaluate.
3. Let new questions arise from the potential of contrast that clamps between your evaluations.
Thank you!

😊